CLOVER CHRONICLE

St. John 4-H January 2018

Essay Contest Results!

Thank you to all the participants who took the time to share what they were thankful for. It was a great joy to read and learn more about the amazing 4-H'ers in St. John Parish. It was great to see all the amazing passions and the time it took to reflect on what is important in life.

4th-6th grade results:

1st– Luke Bordelon (Ascension of Our Lord)
2nd– Rita White (St. Peter)
3rd– Jason Anderson (Emily C. Watkins)
Participants– Jason Anderson (ECW), Cheyenne Ford (SP), Kaydence Hoover (SP), Kayla Munoz (ECW), Aysia Brown (AOL), Alyssa Payne (ECW), and Imari Cooper (SP).

7th-8th grade results:

1st– Angel Valles (Emily C. Watkins)
2nd– Grace Newhouse (St. Peter)
3rd– Amaru Miller (Emily C. Watkins)
Participants– Brianna Anderson (ECW), Zooey Deroche (SP), Bethany Alboudoor (SP), Jasmin Maxon (ECW), Keirsten Reynolds (ECW), and Madelyn Borne (SP).

9th-12 grade results:

1st– Glasia Walker (West St. John High)
2nd– Paige Johnson (West St. John High)

Congratulations 4-H'ers!

Livestock News:

State Show is Febuary 10-17th.

Exhibition birds will be: Saturday Feb. 10– Sun Feb. 11.

Broilers will be on Tuesday Feb. 13.

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Bethany Alboudoor St. Peter Club



Torie Joesph AOL Club



Rita White St. Peter Club

Christmas Ornament Contest Results!

Christmas Themed Ornament Results:

1st Place: Cayah Gordon (Garyville Magnet)
2nd Place: Torie Joesph (Ascension of Our Lord)
3rd Place: Rita White (St. Peter)

4-H Themed Ornament Results:

1st Place: Bethany Alboudoor (St. Peter)
2nd Place: Hannah Duhe (East St. John High)

Congratulations to all our Participants!:

Kennedy Hughes (Garyville Magnet), Ja'lanie Morris (Garyville Magnet), Marcus Whitfield (Garyville Magnet), Akyja Tuircuit (Garyville Magnet), Nancy Giordane (St. John Alternative School), Caleigh Remandet (Ascension of Our Lord), Donald Joseph (Ascension of Our Lord), and Gabrielle Matar (Ascension of Our Lord).

4-H night with the Pelicans

Pelicans vs. Miami Heat

Friday, February 23, 2018

4-H members and their families can buy discount game tickets.

Tickets can be ordered by going to www.pelsgroups.com/4H.

Tickets sales benefit Louisiana 4-H.



Hannah Duhe East St. John High



Cayah Gordon Garyville Magnet



Caleigh Remandet AOOL Club



Valentines for the Veterans

Get creative and make some Valentines for the local Veterans! Every person needs a reminder someone out there cares for them. Most of these Veterans will not even get a visit, so let show them that 4-H cares and make as many valentines as we can! The cards will also be judged in who can be most creative with the CARD COVER! I hope to see everyone turn in at least 1 card, but you can make as many as you desire.

There will be a 4th-6th grade contest, 7th-8th grade contest, and a 9th-12th grade contest.

Have your first and last name, grade and club on a separate sheet of paper and paper clip to the card(s).

DUE: February 9th!

Honey Bee Essay Contest

What's so super about the superorganism of the Honey Bee? The insect colony or society may be regarded as a super-organism and hence as a living whole bent on preserving its moving equilibrium and integrity. Your paper should research and help answer this question. Survey your community to see what is being done. Include your state in your survey to see if there are any programs they are using for pollination or any other program that could aid the honey bee. The scope of the research is an essential judging criterion, accounting for 40% of your score. The number of sources consulted, the authority of the sources, and the variety of the sources are all evaluated.

Cash Prices and Plaques to 3 Top Winners: 1st Place - $100, 2nd Place - $75, 3rd Place - $50

Rule: Eassays must be 750-1000 words



4-H Cookery Contest!

Saturday, February 24, 2018
Veteran's Home from 2pm-5pm
4080 W Airline Hwy, Reserve, LA 70084



Cooking Contest Categories for 5 specific agriculture commodities!
Egg, Ground Beef , Seafood, Poultry, Sugar, and Bento (an added category)
Winners will be eligible for the District Cookery Contest in May 2018.

Overall guidelines (Category rules is in a separate attachment):

1. 4-H'ers may enter no more than one dish, but only ONE per division.
2. Must have a typed COPY OF YOUR RECIPE with your dish. Include name, grade, and school on the BACK of your recipe.
3. Bring dishes in a container with serving utensil (if needed).
4. There will be microwaves to heat up dishes.
5. Contest entries will be scored on taste, appearance, originality, and recipe.

ALL DISHES MUST BE BROUGHT CHILLED! (Bring in ice chest on ice)

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St. John Parish 4-H

It is the policy of the Louisiana Cooperative Extension Service that no person shall be subjected to discrimination on the grounds of race, color, national origin, gender, religion, age, or disability.

If you have a disability which requires special assistance for your participation in any of our activities, please contact the office at 985-497-3261.

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Junior Leader NEWS!

Come out for dinner with the Junior leader club and learn about all the upcoming events to be involved in. We will also discuss a service project we can do as a group. Make sure if you want to learn about JLC, Co-Op camp, and Ag magic to be at this meeting.

When: February 8, 2018

Time: 6:30pm

Where: Sicily's Italian Buffet

214 Belle Terre Bld Laplace, LA

Come be a leader of your Parish 4-H club!

Shooting Sports!

4-H's biggest involvement is shooting sport in Louisiana. St. John Parish will be apart of this big club this semester. Come out this meeting to learn what it means to join this club and when and where practices will be held. If you have any interest at all to learn how to be safe with firearms, come out!

When: Wednesday, January 24, 2018

Time: 6:00pm

Where: Laplace Library



4-H Member of the Month

Shawn McKinney!

Shawn McKinney is a 4th-grader at Fifth Ward Elementary School. He is a proud member of 4-H and the community. He serves as the treasure of his school club and is always prepared for the next 4-H activity. When he is not at school learning, he is helping out the homeless. His goal is to get more youth involved in helping out the homeless and making sure their needs are met. We are honored to have such a bright and helpful young man apart of St. John 4-H. Without our outstanding member club meeting couldn't run smoothly.

4-H Volunteer of the Month

Bernell Charles!

St John Parish 4-H could not grow without the help of amazing volunteers! This month's volunteer of the month is Bernell Charles! He has been apart of the 4-H community for several years. Bernell serves on the Foundation board for the Parish 4-H to ensure the money is going to important 4-H activities and he helps decide what events the 4-H'ers need in this community. He will also help out with shooting sports and help train willing members who want to learn how to shoot a air rifle. Thank you Mr. Charles for making 4-H great!

4-H Cookery Contest

2:00pm-5:00pm

Veterans' Home Reserve

RULES and REGULATIONS

For food safety purpose, bring dishes chilled in a ice chest on ice.

PURPOSE– All cookery contest are deigned for the education and enhancement of 4-H club members. Each emphasizes specific agriculture commodities.

The categories include: Egg, Ground Beef, Poultry, Seafood, Sugar, and Bento Box. Each contest has divisions within (expect Bento Box).

Contestant may enter more than one dish, but only one dish per division.

A copy of the recipe must be submitted with the dish. Contestant's name and school must be stated on the back.

If you want to be involved with the contest you must sign up by Wednesday, February 21st with Ms. Ivey (bivey@agcenter.lsu.edu or 985-497-3261)

Sugar Cookery Contest:

Divisions: Cakes, Cookies, Candy, Pies

General Rules:

1. Bring to the contest a prepared sugar dish. This dish must use at least one (1) cup of sugar. Brown sugar, granulated sugar, confectioner's sugar or raw sugar can be used.
2. All dishes must be made from scratch– no boxed cake mixes or prepared cookie dough.

Seafood Cookery Contest:

Divisions: Fish, Crab, Shrimp, Crawfish, Other Seafood

1. Bring to the contest a prepared seafood dish. This dish must use at least one (1) cup of seafood. The seafood must be fresh, frozen, pasteurized or dried. Canned seafood will not be acceptable.

Egg Cookery Contest:

Divisions: Appetizers/salads, Main Dish, Desserts

General Rules:

1. Dishes entered must contain at least 4 eggs. This can be 4 whites, 4 yolks, or 4 whole eggs. No raw egg will be allowed.

2. All 4 eggs must be within one dish. Ex. you cannot enter two pies with 2 eggs each

Ground Beef Cookery Contest:

Divisions: Low-Calorie Main Dish, Quick and Easy Main Dish, One-Dish Meal

1. Low-Calorie Main Dish: provides less than 300 calories per serving. Calculations of calories must be stated on recipe.

2. Quick and Easy Main Dish: A dish that is ready to serve in less than one hour. The time for each step and for cooking or baking should be stated on the recipe.

3. One-Dish Meal: provides complete servings from at least of the four required food groups. Food groups must be stated o the recipe.

4. Dishes entered must contain at least 1 pound of ground beef.

Poultry Cookery Contest:

Divisions: Chicken, Processed poultry, other poultry meat

General Rules:

1. Chicken– A dish which contains at least 2 pounds bone-in chicken or 1 pound of deboned chicken meat.

2. Processed Poultry Products– A dish which includes at least 12 oz. of processed poultry products. Ex: Ground turkey, turkey sausage, smoked chick, turkey rolls, ground chicken, chicken franks, turkey ham, canned chicken, turkey bacon, smoked turkey, and chicken strips.

3. Other Poultry Meat– A dish which contains at least 2 pounds bone-in or 1 pound of deboned poultry meat from a bird other than chicken or turkey. Ex: Duck, Goose, Quail, Grouse, Pheasant, Ostrich, Pigeon, Emu, Guinea, or Dove.

Any question about rules or this contest, please contact the 4-H agent, Brittney Ivey. While dishes are being judged there will be a food demonstration where the contestants will have a hands-on learning with the veterans. This event will allow the 4-H'ers to be apart of a cookery contest, learn a new skill, and provide a service to the local veterans.